Rizzie Farms

Garden Fresh Farm Recipes

Lemon Pepper Asparagus Grilled

There's no better vegetable for cooking on the grill than these tender asparagus spears, seasoned with lemon pepper, olive oil, and a hint of garlic.

Ingredients:

1 1/2 lb. fresh asparagus spears
2 tablespoons olive oil
1/2 teaspoon lemon-pepper seasoning
Juice from 1 lemon
1 clove garlic minced
1/4 teaspoon salt



Directions:

Heat gas or charcoal grill. In large shallow dish or pan, combine all ingredients except asparagus; mix well. Add asparagus; turn to coat. Place asparagus in grill basket.

When grill is hot, place grill basket on gas grill over medium heat or on charcoal grill 4 to 6 inches from medium coals. Cook 6 to 9 minutes or until asparagus is tender, turn asparagus occasionally.

Note: Place the lemon that you used for juice on the asparagus while cooking. The heat will release more juice and help keep the asparagus moist. I also use a tent of aluminum foil over the asparagus to help it steam cook.